

CONFIDENTIAL PREGNANCY PATIENT CASE HISTORY

Please complete this questionnaire fully.
Your answers will help us determine how chiropractic care can help you.

PERSONAL INFORMATION:

First Name _____ Last Name _____ Middle Initial _____
What you prefer to be called _____
SS# _____ DOB _____
Address _____
City _____ State _____ Zip Code _____
Home phone _____ Work phone _____
Email address _____ Other phone _____
Occupation _____ Referred by _____
Status: _____ minor _____ single _____ married (children? ___ How many ___)
_____ separated ___ divorced _____ widower
Spouse's Name _____ Child (ren's) Name/Ages _____

Please initial here if we may add your email address to our mailing list for our Health & Wellness, monthly e-newsletter and occasional correspondence from this office with important updates/notices Yes, Please! _____

The human body is designed to be healthy. The primary system in the body which coordinates health is the nervous system. The healthy function of every cell, every system, every organ is dependent upon the integrity of the nervous system. The bones of the skull and vertebrae of the spine house and protect the central nervous system.

From the birth process until the present, events have occurred in your life which may have caused interference and damage to this delicate system. Physical, emotional and chemical stresses common to our contemporary lifestyles can result in misalignment and damage to the spinal column. This interference is called the Vertebral Subluxation Complex.

The following form will help reveal the causes of Vertebral Subluxation which interfere with the optimal function of your nervous system and therefore impair your inborn health and well-being.

HEALTH INFORMATION

Please specifically describe your reason for today's visit: _____

How did this happen: _____

When did this happen: _____

Is the pain getting worse: _____ yes ___ no ___ constant

Have you had this or similar conditions in the past: ___yes ___ no

Please explain if yes: _____

How frequent is this pain becoming: _____

Has a medical doctor treated you for this: _____ yes ___ no

If so, whom and when: _____

Have you ever been treated by a Chiropractor: _____ yes ___ no

If so, whom and when: _____
Does this condition interfere with your: work sleep daily
routine _____
Other (explain) _____

Are you currently under the care of a Medical Doctor for any condition
_____ Yes _____ No
If Yes, for what
condition(s) _____

Please list any medications that you are taking such as: pain-killers, muscle relaxers,
insulin, stimulants, birth control, anti-depressants, tranquilizers, nerve pills, behavioral,
anti-inflammatories, blood-thinners, and/or cholesterol. _____

Do you take any supplements: _____ yes no How much water do you drink per
day: _____ oz
How much coffee or other caffeinated drinks do you have on a daily basis: _____
Do you smoke: _____ yes no How many _____ cigarettes _____ packs

Do you have or have you had any of the following:
Please write C for current and P for past.

- | | |
|--|---------------------------|
| _____ Arthritis | _____ Kidney disease |
| _____ Asthma | _____ Seizures |
| _____ Diabetes | _____ Sinus problems |
| _____ Emphysema | _____ Thyroid disorder |
| _____ Gout | _____ Tuberculosis |
| _____ Heart disease | _____ Ulcers |
| _____ High blood pressure | _____ Cancer |
| _____ Carpal tunnel | _____ Headaches/migraines |
| _____ Numbness/tingling in hands or feet | |
| _____ Allergies | _____ Stroke |
| _____ Other _____ | |

Do you play sports/workout/exercise regularly?
Yes/no if yes, list _____

PREVIOUS HEALTH HISTORY

We have found that most chiropractic problems begin before the patient feels the first symptom. With that in mind, please take a moment to complete the following. *To the best of your knowledge*, did any of these apply to you?

Birth – 3 years:

Was yours a “difficult” birth? Yes No

Are you aware of any falls or traumas or health problems during these years?

4 - 6 years: Falls off a bike, injuries from “horseplay,” ect:

Are you aware of any falls or traumas or health problems during these years?

7 – 12 years: falls out of a tree, falls rollerblading/roller skating, etc.:

Are you aware of any falls or traumas or health problems during these years?

13 – 18: sports injuries, gymnastics, car accidents:

Are you aware of any falls or traumas or health problems during these years?

Childhood Illnesses: _____

Adulthood:

Any car accidents or accidents/falls of any kind:

Pregnancy Specific History

Prenatal history:

- 1) Is this your first pregnancy? _____
- 2) How many other births have you had? _____
- 3) How many weeks pregnant are you now? _____ Due Date: _____
- 4) Have you experienced any traumas (accidents, falls) during this/past pregnancy? _____
Please describe: _____
- 5) Any medications taken during this pregnancy? _____
- 6) Do you smoke or drink alcohol? _____
- 7) Have you had any evaluation procedures (ultrasound, amniocentesis, chorionic villus sampling)?

- 8) Please list dates, frequency and reason for these procedures:

- 9) How has your diet been during this pregnancy? _____
- 10) Have there been any stressful events in your life during this pregnancy? _____

- 11) What are your most significant fears associated with this birth? _____

- 12) Who is your birth care provider? _____
- 13) Will you have someone with you at birth for support (other than birth care provider)?
Please specify who: _____
- 14) Where do you plan on delivering? _____
- 15) Have you put together a birth plan? _____

Previous Birth History: Please print this page for each previous delivery

1) **Place of birth:** Hospital, Birthing Center, Home.

2) **Delivering Practitioner:** OB/Gyn, Certified Nurse Midwife, Certified Practicing Midwife, Lay Midwife _____

3) **Position of Delivery:** Lithotomy position (on back with feet up), On Your Side, Kneeling, Squatting, Other? _____

4) **Was labor induced?** (Contractions were stimulated *prior* to the natural onset of labor) Yes No

If yes, specify type: Pitocin, Prostagland Gel (applied to your cervix), Unknown

5) **Were your membranes ruptured by your care provider?** Yes No Unknown

6) **Were contractions stimulated intravenously with pitocin *once* labor started?** Yes No

7) **Did you receive any pain medications or anesthesia?** Yes No Unknown

Type _____

If you had an epidural, how many centimeters were you dilated when it was administered?

8) **Did you experience back pain during labor?** Yes No Unknown

9) **Did you deliver vaginally?** Yes No

10) **Baby presentation at time of delivery:** Normal, Posterior, Brow, Facial, Breech,

If breech, specify type: Footling, Frank, Complete, Kneeling

Was there any visible injury to your baby? Yes No Unknown

If so, where on your baby was the injury sustained? _____

11) **Did your care provider assist delivery with his/her hands?** Yes No Unknown

Was there any turning of the neck, or traction (pulling) applied to the neck? Yes No Unknown

12) **Were operative devices used used to facilitate the birth?** Yes No Unknown

Which type? Forceps Vacuum Extraction

If yes, were there any visible signs of injury to your baby? Yes No Unknown

If yes, where was the injury sustained? _____

13) **Was there a birthing coach present?** Husband, Doula, Friend, Other

14) **At what week of pregnancy was your baby born?** _____

FINANCIAL AGREEMENT

Dear Patient:

Welcome! You have taken the first step on the path to optimum health. We take pride in delivering the finest in chiropractic care. The following payment options are available to help you handle your financial obligation.

We wish to make it very clear that your health is the sole responsibility of you the patient or your guardian.

I have elected to use the following payment plan to finance my care:

- _____ 1. CASH/CHECK/CREDIT CARD – Payment is due at the time of service, unless other payment arrangements have been made.**

- _____ 2. MEDICARE – I understand this office will complete all necessary Medicare forms on my behalf. However, I am responsible for any difference in payment that Medicare does not cover.**

- _____ 3. PERSONAL INJURY – Although my insurance or lawsuit may eventually pay for services rendered, I will pay this office \$50.00 toward my initial visit, and \$50.00 per week thereafter, until my balance is paid in full, whether active or inactive as a patient.**

- _____ 4. INSURANCE POLICY COVERAGE – although I am totally responsible for charges I may incur in this office, I will initially pay for my yearly deductible and the copayment agreed upon at the time of each visit unless my insurance fails to pay its share, at which time I will pay my balance in full.**

Please note: We will refund any overpayment made to this office.

PATIENT’S SIGNATURE _____

WITNESS _____ DATE _____

THIS NOTICE DESCRIBES HOW CHIROPRACTIC AND MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

In the course of your care as a patient at our office we may use or disclose personal and health related information about you in the following ways:

- * Your personal health information, including of your clinical records, may be disclosed to another health provider or hospital if it is necessary to refer you for further diagnosis, assessment, or treatment.
- * Your health care records as well as your billing records may be disclosed to another party, such as an insurance carrier, an HMO, a PPO, or your employer, if they are or may be responsible for the payment of your services.
- * Your name, address, phone number, and your health care records may be used to contact you regarding appointment reminders, information about alternatives to your present care, or other health related information that may be of interest to you.
- * If we are required by law to provide care to you and we are unable to obtain your consent after attempting to do so.
- * If there are substantial barriers to communicating with you, but in our professional judgment we believe that you intend for us to provide care.
- * If we are ordered by the courts or another appropriate agency.

If you are not at home to receive an appointment reminder, a message may be left on your answering machine. Further, you have the right to inspect or obtain a copy of the information we will use for these purposes. You also have the right to refuse to provide authorization for this office to contact you regarding these matters. If you do not provide us with this authorization it will not affect the care provided to you or the reimbursement avenues associated with your care.

Under federal law, we are also permitted or required to use or disclose your health information without your consent or authorization in these following circumstances:

- * If we are providing health care services to you based on the orders of another health care provider.
- * If we provide health care services to you in an emergency.

Any use or disclosure of your protected health information, other than as outlined above, will only be made upon your written authorization.

We normally provide information about your health to you in person at the time you receive chiropractic care from us. We may also mail information to you regarding your health care or about the status of your account. If you would like to receive this information at an address other than your home or, if you would like the information in a different form please advise us in writing as to your preferences.

You have the right to inspect and/or copy your health information for seven years from the date that the record was created or as long as the information remains in our files. In addition you have the right to request an amendment to your health information. Requests to inspect, copy or amend your health related information should be provided to us in writing.

We are required by state and federal law to maintain the privacy of your patient file and the health information therein. We are also required to provide you with this notice of our privacy practices with respect to your health information.

We are further required by law to abide by the terms of this notice while it is in effect. We reserve the right to alter or amend the terms of this privacy notice. If changes are made to our privacy notice we will notify you in writing as

soon as possible following the changes. Any change in our privacy notice will apply for all of your health information in our files. Information that we use or disclose based on this privacy notice may be subject to re-disclosure by the person to whom we provide the information

and may no longer be protected by the federal privacy rules.

If you have a complaint regarding our privacy notice, our privacy practices or any aspect of our privacy activities you should direct your complaint to:
Laura Jennejohn

If you would like further information about our privacy policies and practices please contact:
Laura Jennejohn

This notice is effective as of _____. This notice, and any alterations or amendments made hereto will expire seven years after the date upon which the record was created. My signature acknowledges that I have received a copy of this notice.

Name (Printed please)

Signature

Date

If you are a minor, or if you are being represented by another party

Personal Representative (Printed)

Personal Representative Signature

Date

Description of the authority to act on behalf of the patient.

**Patient Authorization regarding chiropractic care being provided in
an “open adjusting” environment**

It is the practice of this office to provide chiropractic care in an “open adjusting” environment. “Open adjusting” involves several patients being seen in the same adjusting room at the same time. Patients are within sight of one another and some ongoing routine details of care are discussed within earshot of other patients and staff. This environment is used for ongoing care and is NOT the environment used for taking patient histories, performing examinations or presenting reports of findings. These procedures are completed in a private, confidential setting.

We are requesting this authorization of you due to various interpretations under federal law with respect to what is know as an “incidental disclosures” of health information. It is our view that the kinds of matters related in an “open adjusting” environment are incidental matters, in the event you or someone else would not agree with us we are providing this disclosure.

The use of this format is intended to make your experience with out office more efficient and productive as well as to enhance your access to quality health care and health information. If you choose not to be adjusted in an open-adjusting environment other arrangements will be made for you. Your decision will have no adverse effect on you care from our office or on your relationship with our staff.

Your signature indicates your authorization of this activity.

Name (Printed)

Signature

Date

This authorization may be revoked by you at any time. Revocation may be accomplished by advising us in writing of your desire to withdraw your authorization. Please allow a reasonable processing time for the change in our procedures to be completed.